

Prenatal Multivitamin

PHYSICIAN FORMULATED • KOSHER

Overview

Our Prenatal Multivitamin is a physician-formulated combination of essential vitamins and minerals necessary for pregnant women. Since pregnant women have special nutritional needs, it is of the utmost importance for expectant mothers to get the vitamins and minerals that are vital to the health of both mother and unborn child. The developing baby gets all of his/her nutrition through the mother; therefore, care must be exercised for what she eats and drinks as well as what vitamins she takes.

This unique formulation, meticulously researched and formulated by a board-certified physician, is specifically designed to give an expectant mother the daily nutrition she needs in dosage levels that are safe for mother and child. This powerful blend of vitamins and minerals provides comprehensive nutritional support for this important time in a woman's life and includes the two crucial nutrients lacking in most expecting mother's diets; folic acid and iron. For best results, Prenatal Multivitamin should be taken with DHA.

Recommended Dosage

✓ Take 1 vegetarian capsule daily with a meal.

Cautions

• If you are pregnant, nursing, have any health condition or are taking any medications, consult your health care practitioner before taking Prenatal Multivitamin.

Supplement Facts

Serving Size: 1 Vegetarian Capsule

Servings Per Container: 60

Amount Per Serving		% Daily Value
Vitamin A (as palmitate)	3,000 IU	60%
Vitamin C (as ascorbic acid)	120mg	200%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	30 IU	100%
Thiamine (as thiamine HCl)	3mg	200%
Riboflavin	4mg	235%
Niacin	20mg	100%
Vitamin B6 (as pyridoxine HCl)	25mg	1250%
Folic Acid	800mcg	200%
Vitamin B12 (as cyanocobalin)	12mcg	200%
Biotin	30mcg	10%
Pantothenic Acid (as d-calcium pantothenate)	7mg	70%
Calcium (as calcium carbonate)	200mg	20%
Iron (as iron fumarate)	25mg	139%
Magnesium (as magnesium oxide)	25mg	6%
Zinc (as zinc oxide)	25mg	167%
Copper (as copper sulfate)	2mg	100%

Other ingredients: Vegetable capsule, rice flour, silicon dioxide, magnesium stearate.



These statements have not been evaluated by the Food and Drug Administration. This information is not intended to diagnose, treat, imply cure or prevent any disease. For more information regarding excipients, please refer to the excipient list.

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