

cleanse & lean

ADVANCED



Size: 60 Capsules
Serving Size: 2 Capsules
Servings Per Container: 30

Cleanse & Lean Advanced is a powerful body composition slenderizing formula designed for quick and effective weight loss. **Cleanse & Lean Advanced** specifically addresses the areas of healthy elimination, appetite suppression, thermogenesis along with water loss using high quality ingredients supported by published scientific studies. **Cleanse & Lean Advanced** is fast-acting, delivering key bioactive ingredients to support your weight-loss program in convenient and easy-to-swallow capsules.

The **Appetite Management and Thermogenic Complex** contains key ingredients to suppress appetite and maximize thermogenesis and fat burning. Suppressing appetite is a key factor in any successful weight-loss program and that's why we included Slimaluma™. Slimaluma™ is a patented extract of the *Caralluma fimbriata* plant, successfully used as a natural appetite suppressant in India for centuries. Several human clinical studies have proven its safety and effectiveness to effectively suppress hunger. Slimaluma™ resulted in significant reductions in body weight and body fat, reduced body mass index (BMI) and reduced waist and hip circumference compared to a placebo group. The key bioactive ingredients in Slimaluma™ appears to be the pregnane glycosides, flavone glycosides, and megastigmane glycosides. It has been proposed that the pregnane glycosides block lipogenesis (fat synthesis) by as much as 35% by inhibiting a key fat synthesis enzyme called ATP-citrate lyase. Studies have also shown that Slimaluma™ inhibits differentiation of pre-adipocytes into adipocytes (new fat cells) indicating the reduction of new fat cell lines.

The **Appetite Management and Thermogenic Complex** contains the combined benefits of both Caffeine and Green Tea Extract supported by numerous published research studies. Caffeine promotes the rapid breakdown and release of stored fat from fat cells and promotes thermogenesis, increases metabolism and increases energy. The Green Tea Extract is standardized to contain high levels of epigallocatechin gallate (EGCG polyphenols) in addition to natural caffeine shown to be effective in increasing thermogenesis, fat oxidation (fat burning) and increasing metabolism. Green Tea Extract also boosts and supports mood, enhances energy and promotes a sense of well-being. The **Appetite Management and Thermogenic Complex** also contains the special combination of *Cissus quadrangularis* and African Mango (*Irvingia gabonensis*). The positive synergistic effect of both of these herbs has now been demonstrated in double-blind placebo-controlled published research studies resulting in statistically significant reductions in body weight, body fat, waist size and other clinical parameters in as little as 4 weeks. No major dietary changes nor exercises were suggested during the study.

The **Intestinal Cleanse Complex** contains a proprietary blend of high quality ingredients producing a natural laxative effect to help you lean out and lose weight fast while cleansing your system of impurities for better health. The **Intestinal Cleanse Complex** addresses the elimination of fecal waste and weight stored in the lower intestinal tract. This excess waste frequently contributes to excess weight (up to several pounds) and a physically protruding lower abdomen. Included are Cascara Segrada Bark Powder and Standardized Extract (standardized to contain a minimum of 80% Cascarasides). Senna Leaf Powder (10:1),

KEY FEATURES

- Get Leaner and Harder†
- Maximum Thermogenic and Appetite Suppression†
- Highly Effective Cleansing Formula For Quick Results
- Removes Excess Water

KEY MESSAGES

- Formulated with powerful and effective ingredients to specifically address healthy elimination, appetite suppression, thermogenesis along with water loss using high quality ingredients supported by published scientific studies.
- The Appetite Management and Thermogenic Complex contains the natural herb Slimaluma™. Several human clinical studies have proven its safety and effectiveness to effectively suppress hunger. Slimaluma™ has shown significant reductions in body weight and body fat, reduced body mass index (BMI) and reduced waist and hip circumference compared to a placebo group.
- Caffeine promotes the breakdown and release of fat from fat stores, potentiates the thermogenic action of the other ingredients in the formula, promotes mental alertness and increases energy levels.†
- Contains Green Tea Extract standardized with highly concentrated levels of epigallocatechin gallate (EGCG). Published studies have demonstrated the efficacy of green tea in reducing body fat, increasing thermogenesis and fat oxidation (fat burning).†
- Contains the special combination of *Cissus quadrangularis* and African Mango (*Irvingia gabonensis*). The positive synergistic effect of both of these herbs has now been demonstrated to significantly reduce body weight, body fat, waist size and other clinical parameters in as little as 4 weeks.

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Your assurance of quality®

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Size: 60 Capsules
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Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	% DV*
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	6 mcg	100%
Pantothenic Acid (as calcium pantothenate)	50 mg	500%
Potassium (as chloride)	99 mg	3%
Appetite and Thermogenic Complex	800 mg	**
Slimaluma™ Extract (<i>Caralluma fimbriata</i>), Caffeine (anhydrous) (200mg), Green Tea Extract (<i>Camellia sinensis</i>) (Leaf), <i>Cissus quadrangularis</i> (Stem), African Mango (<i>Irvingia gabonensis</i>) Seed Extract		
Intestinal Cleanse Complex	436.5 mg	**
Cascara Segrada Bark Powder and Standardized Extract, Senna Leaf Extract, Fennel Seed Powder, Horsetail Herb Extract, Psyllium Husk Powder, Slippery Elm Bark Powder, Aloe Vera Leaf Powder (200:1)		
Water Loss Support Complex	200 mg	**
Uva Ursi Leaf Extract (<i>Arctostaphylos uva ursi</i>), Dandelion Leaf Extract (<i>Taraxicum officinale</i>)		

*Percent Daily Values are based on a 2,000 calorie diet.
 **Daily Value not established.

Directions: As a dietary supplement take 1 capsule to determine tolerance. Wait 12 hours. If well tolerated increase dose to 2 capsules. Stay well hydrated throughout the day while using this product especially in hot and humid temperatures. **DO NOT TAKE AFTER 6 PM. MAY CAUSE SLEEPLESSNESS. DO NOT EXCEED 4 CAPSULES DAILY.**

Other Ingredients: Rice powder, magnesium stearate, gelatin.

ALLERGY INFORMATION: Manufactured in a facility that processes milk, soy and egg proteins, peanuts, other tree nuts and wheat.

Warning: Not for use by people under age 18. This product contains Cascara Segrada and Senna. Do not use if you have or develop diarrhea, loose stool or abdominal pain as these ingredients may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition. Not intended for long-term use. Drink at least 2 liters of water daily when using this product.

KEEP OUT OF REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.

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TARGET MARKET

Primary: Adults seeking a powerful composition slenderizing formula providing a cleansing, appetite suppression, enhanced energy and mood and extreme thermogenic complex for quick weight loss.

RECOMMENDED STACK

- Max LiquiCarn
- Max CLA
- Quadra Cuts Advanced Thyroid Support
- Quadra Cuts Night Time

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Fennel Seed Powder, Psyllium Husk Powder, Slippery Elm Bark Powder, and concentrated Aloe Vera Powder (200:1). The proprietary blend of these herbs produces a natural laxative effect to support healthy and gentle elimination for a flatter abdomen. The **Intestinal Cleanse Complex** is designed to maintain a healthy digestive tract along with increased energy.

The **Water Loss Support Complex** contains two potent and highly effective herbs to naturally release excess fluid and flush it from your system helping you drop weight, maximize muscle definition and get that chiseled vascular appearance of the skin. Included are Uva Ursi (*Arctostaphylos uva ursi*) standardized extract containing a minimum of 20% arbutin and Dandelion Leaf (*Taraxicum officinale*) standardized extract containing a minimum of 20% taraxasteroles. These herbs contain natural levels of potassium to support healthy electrolyte balance while releasing excess water from the body. Additional potassium has also been added to the formula to further support healthy levels of this electrolyte and to help prevent cramping.

The **Cleanse & Lean Advanced** smart and quick weight loss formula provides high quality and scientifically-supported key ingredients designed to promote healthy elimination, appetite suppression, thermogenesis and water loss. **Cleanse & Lean Advanced** is fast-acting, delivering key bioactive ingredients to support your weight-loss program in convenient and easy-to-swallow capsules. As with any weight loss product, this dietary supplement is most effective when used in conjunction with a reduced caloric diet, exercise and behavior modification program.

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- The **Intestinal Cleanse Complex** contains a proprietary blend of Cascara Segrada Bark Powder and Standardized Extract (standardized to contain a minimum of 80% Cascarasides), Senna Leaf Powder (10:1), Fennel Seed Powder, Psyllium Husk Powder, Slippery Elm Bark Powder, and concentrated Aloe Vera Powder (200:1) to promote a natural laxative effect to support healthy and gentle elimination.
- The **Water Loss Support Complex** contains Uva Ursi (*Arctostaphylos uva ursi*) standardized extract containing a minimum of 20% arbutin and Dandelion Leaf (*Taraxicum officinale*) standardized extract containing a minimum of 20% taraxasteroles, two potent and highly effective herbs to naturally release excess fluid and flush it from your system helping you drop weight, maximize muscle definition and get that chiseled vascular appearance of the skin.
- Additional potassium has also been added to the formula to further support healthy levels of this electrolyte and to help prevent cramping.
- Fast-acting, delivering key bioactive ingredients to support your weight-loss program.
- Convenient and easy-to-swallow capsules.

Key References

1. Kuriyan R, et al. Effect of Caralluma Fimbriata Extract on appetite, food intake and anthropometry in Indian men and women. *Appetite*. 2006;10:1016.
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10. Clare BA, Conroy RS, Spelman K. The diuretic effect in human subjects of an extract of *Traxacum officinale* folium over a single day. *J Altern Complement Med*. 2009;15:929-34.

† **These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

To report a serious adverse event, contact:

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